

Timetable 31st Aug – 6th Sep

Monday	Closed	Bank Holiday
Tuesday	07:00 – 10:00	Early Risers Lane Swimming
	10:30 – 11:30	Fun Session
	12:00 – 16:00	Public Session
	16:00 – 17:30	Family Session
	18:00 – 21:00	Public Session
PWednesday	15:00 – 18:00	Public Session
	18:15 – 19:00	AquaFit
	19:15 – 21:00	Public
Thursday	07:00 – 08:30	Early Risers Lane Swimming
	08:30 – 09:30	AquaBlitz
	10:00 – 11:00	Public Session
	11:00 – 12:00	Fun Session
	12:30 – 16:00	Public Session
	16:00 – 17:30	Family Session
Friday	06:00 – 10:00	Early Risers Lane Swimming
	11:00 – 12:30	Family Session
	12:30 – 16:00	Public Session
	16:00 – 17:30	Family Session
	18:00 – 19:30	Public Session
Saturday	08:15 – 12:00	Public Session
	13:15 – 14:15	Fun Session
	14:30 – 16:30	Public Session
Sunday	08:15 – 11:00	Public Session
	11:00 – 12:30	Family Session