

Timetable 7th Sep – 4th Oct

Monday	07:00 – 09:00	Early Risers Lane Swimming
	11:00 – 13:00	Public Session
	14:45 – 15:45	Public Session
	18:00 – 21:00	Public Session
Tuesday	07:00 – 08:45	Early Risers Lane Swimming
	10:30 – 13:00	Public Session
	14:45 – 15:45	Public Session
Wednesday	15:00 – 16:00	Public Session
	18:15 – 19:00	AquaFit
	19:15 – 21:00	Public
Thursday	07:00 – 08:30	Early Risers Lane Swimming
	08:30 – 09:30	AquaBlitz
	12:00 – 15:45	Public Session
	18:00 – 21:00	Except first two Thursdays each month – No Public Session
Friday	06:00 – 09:00	Early Risers Lane Swimming
	11:00 – 15:45	Public Session
Saturday	08:15 – 10:00	Public Session
	12:15 – 13:15	Inclusive Swim (last Saturday each month)
	13:15 – 14:15	Fun Session
	14:30 – 16:30	Public Session
Sunday	08:15 – 11:00	Public Session
	11:00 – 12:30	Family Session